

# Safeguarding: It's everybody's business

Are you concerned about a child or young person?

**Do you think a child or young person you know might be suffering from any of the following?**

**Physical abuse** being hit, kicked or punched

**Physical neglect** not being properly fed or clothed, poor hygiene

**Sexual abuse** exposed to inappropriate sexual behaviour, language or assault

**Emotional abuse** constantly criticised, ignored, humiliated, exposed to domestic violence

#### **What should you do to help?**

Act promptly

Make a note of your concerns

Give as much information as you can about the child or family

#### **Please don't:**

Ignore your concerns

Think someone else will call

Try to deal with it on your own

**If you are concerned a child or young person may be suffering any of the above, please get in touch.**

**Call 01908 253169 or 253170**

Safeguarding is everybody's business. You can also speak to a health visitor, doctor, teacher who will be able to help.

For further information:

[www.mkscb.org](http://www.mkscb.org)



Milton Keynes  
**Safeguarding**  
Children Board